

Vice Admiral Zortman Visits Lincoln

By MC2 MICHAEL COOK
Penny Press staff

Captain C.A. McCawley, commanding officer of the aircraft carrier USS Abraham Lincoln (CVN 72), hosted a visit by Vice Adm. James M. Zortman, Commander Naval Air Force, June 9 aboard the ship.

McCawley said the purpose of the visit was to brief Zortman on the progress of the ship, which is now in its fourth month of an industrial availability period. The availability is scheduled every few years to allow repairs and adjustments to be made by Lincoln Sailors and contracted employees.

Zortman participated in the daily routine of many Lincoln Sailors starting with a 5:45 a.m. commute aboard one of Lincoln's three contracted ferries. The two-hour trip from Lincoln's homeport of Everett, Wash., to Naval Base Kitsap in Bremerton Wash., afforded Zortman the opportunity to chat with Sailors about various issues as they crossed the Puget Sound.

After arriving aboard Lincoln, Zortman met with senior-level officers and senior enlisted crewmen to address some of the main issues regarding the industrial phase of the ship.

During the meeting, Zortman was briefed on the progress of the ship, and the successful role teamwork has played between contracted shipyard workers and Lincoln Sailors. Zortman then visited Lincoln's flight deck to see the newly installed catapult systems and finished his tour by visiting the new berthing areas designed to improve quality of life.



Photo By MC3 Jordan Beesley

Capt. C.A. McCawley, Commanding Officer of Nimitz-class aircraft carrier USS Abraham (CVN 72) shows Vice Adm. James Zortman, Commander Naval Air Force, the newly installed catapult systems on the Lincoln's flight deck. Zortman's visit to the Lincoln was to see the progress of the ship, which is in its fourth month of a scheduled industrial availability period.

"This is not just maintenance, it's also readiness preparation," McCawley said following Zortman's visit. "The work we're doing now is not only for the next two years, but for the upcoming 30."

Lincoln Goes To Navy Cash

By MCSN KATHLEEN A. CORONA
Penny Press staff

Sailors aboard USS Abraham Lincoln (CVN 72) will have a new way of withdrawing money and making purchases at sea or in port.

Abe is switching from its ATM-at-Sea system to the Navy Cash program by Feb. 27.

All hands aboard Abe will receive training as well as be enrolled into the program Jan. 22-26.

The Navy Cash program is an automated financial management program. By using the smart card technology, it replaces the need for cash and provides reliable access to bank or credit union accounts. The program will improve financial flexibility and security on board Abe.

The program works with a card that is similar to a debit card. It has a magnetic stripe for ATM withdrawals or purchases when on liberty. The card also uses "chip" technology to provide an electronic purse for purchases on board the ship.

The Navy Cash card can be used to pay for anything from the ship's store, vend-

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ing machines, money orders, stamps, phone cards, and mess bills. The card can also be used to pay for anything in over 32 million locations worldwide and at over 892,000 ATMs in over 120 countries.

Money can be deposited into the Navy Cash program by split pay. Paychecks can be transferred from home bank accounts, or a portion of the money can be sent to a Navy Cash account and the remainder to the home account.

The program works by using shipboard LAN and satellite communications as well as the existing commercial banking infrastructure. Using the Navy Cash program provides more security by reducing the need to carry cash or coins that can be easily lost or stolen.

For more information on Navy Cash, contact Disbursing.



USS Abraham Lincoln (CVN 72) is switching from its ATM-at-Sea system to Navy Cash by February 27, 2007.

USS Abraham Lincoln (CVN 72)



Diversity Run Feb. 16



Had a drink? Get a ride!
Call (425)530-1934 for Abe's Smart Ride.
A phone call now can save you a
headache later.



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Jan. 12, 1813

U.S. frigate Chesapeake captures the British warship Volunteer.

News

Resolve To Reduce Substance Abuse

FROM FORCM (SS/SW) DEAN IRWIN
Special to Penny Press

As we look forward to an exciting new year many Sailors are looking to accomplish new goals and set the scene for where they are headed in 2007.

With high expectations from senior leaders and peers it is easy for many



Sailors to develop unhealthy habits in the process of tackling their newly established efforts. Two of the most common habitual habits come into play when drugs and alcohol are consumed.

To help decrease drug attrition in the new year Sailors can expect a highly visible and unpredictable urinalysis testing schedule. This method of deterrence has been used across the Fleet raising urinalysis compliance 13 percent since last fiscal year. The increase in compliance resulted in a 19 percent decrease in drug attrition last year alone.

Consider how detrimental incidents of drug and alcohol abuse are to a Sailor's career and personal life. The negative

effects are placed not only the Sailor but also impact mission readiness.

To aid in the awareness and prevention you are encouraged to support the overall goal of reducing drug and alcohol attrition.

Documentation of DUI offenses in member's annual evaluations and putting measures in place such as the Safe Ride Programs and command awards for an established number of days without an alcohol related incident can make the difference in maintaining good order and discipline.

The use of alcohol should be done with safe and responsible behavior. Be safe and let's have a great 2007!

Lincoln Pauses For Safety Stand Down

By MCSN DENNIS IRWIN
Penny Press Staff

Sailors aboard USS Abraham Lincoln (CVN 72) viewed the first safety stand down of the new year, held on the ship's television system, January 11th 2007.

The stand down was to ensure Lincoln maintains a high level of safety awareness after the holidays.

Capt. C.A. McCawley, Lincoln's commanding officer, began the stand down with remarks on Lincoln's successful transition into the New Year.

"We made sea trials in 2006 routine, and the industrial dry dock phase routine, but it took work and we maintained mission readiness and a high level of safety awareness," said McCawley said.

"After some well deserved holiday leave, it is time to refocus

our efforts on the importance of safety as the Lincoln makes its transition to operational readiness," McCawley said.

Lincoln's new safety officer, Cmdr. Eric Barkdull followed the captain's brief and elaborated on the importance of keeping the Lincoln safe on and off duty.

Sailors aboard the Lincoln heard from fellow shipmates who were involved in mishaps. The Sailors spoke of commonly overlooked safety issues and ways to prevent safety mishaps.

Lincoln also invited two women from Mothers Against Drunk Driving (MADD) to speak, and remind Sailors of common dangers off duty. Each woman told a story of a tragic loss because of impaired driving.

With the first safety stand down of 2007, Lincoln will now be "back in the saddle," according to McCawley.

"We can now focus on getting major areas on the ship to come back to life," said McCawley.

WOMEN'S BASKETBALL CLINIC

NBK Bremerton is hosting a women's basketball clinic on Jan. 20, 2007 from 10 a.m. to 2 p.m.

Call (360) 315-2141 before Jan. 19 to register



Last Words



Shipmates

The strength of a warship lies in the hearts and hands of its crew.



Photo By MCSN Kathleen Corona

AC3 Alberto Gil receives the USS Abraham Lincoln (CVN 72) worker of the week award from Capt. C.A. McCawley.



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AND
SUNDAY, FEB. 25TH 3PM
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MWR office
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be used for
Regal and
AMC/Lowes
theaters.**



Editor's Top 10

**Flavors you don't
want to see in a Hot
Pocket...**

10. Liver and onions.
9. Tuna melt.
8. Peanut butter and jelly.
7. Italian Sub.
6. Sardines and pickles.
5. Kimchi.
4. Thanksgiving dinner.
3. Speed-line chili.
2. Cow tongue.
1. Haggis.